

Brooke Randolph



Licensed Mental Health Counselor

Publications

- Randolph, B. E. (2016). *The Bully Book: A workbook for kids coping with bullies*. Entourage Publishing, Ann Arbor, Michigan.
- Randolph, B. E. (2014). Red Flags that a Potential Therapist Could Do More Harm Than Good. In Dennis, L. (Ed) . *Adoption Therapy: Perspectives from clients and clinicians on processing and healing post-adoption issues*. Entourage Publishing, Ann Arbor, Michigan.

Professional Presentations

- Randolph, B. E. (2016, April). *When partners or relatives are reluctant about adoption* webinar for Adoptive Families Magazine.
- Randolph, B. E. (2016, January). *Working therapeutically with adoption: When to consult and when to refer*. Indy Private Practice Network, Indianapolis, IN.
- Randolph, B. E. (2015, December). *How to successfully set and achieve your goals*. Because Kids Count Conference presented by the Indiana Youth Institute, Indianapolis, IN.
- Randolph, B. E. (2015, October). *Adoption at School* webinar for Adoptive Families Magazine.
- Randolph, B. E. (2015, September). *The Problem with RAD and why attachment strategies fail*. ATTACH Conference. Attachment Matters: Raising the bar for child well-being, Minneapolis, MN.
- Randolph, B. E. (2015, September). *Healthy, Happy, and Well-Fed Families*. ATTACH Conference. Attachment Matters: Raising the bar for child well-being, Minneapolis, MN.
- Randolph, B. E. (2015, August). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.
- Randolph, B. E. (2015, May). *How to successfully set and achieve your goals*. Indiana Youth Institute webinar.
- Randolph, B. E. (2015, May). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.

- Randolph, B. E. (2015, February). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.
- Randolph, B. E. (2015, January). *Healthy, Happy, and Well-Fed Families*. I-FACE, Indianapolis, IN.
- Randolph, B. E. (2014, November). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.
- Randolph, B. E. (2014, September). *Adoption in the Classroom*. KidsFirst Adoption Services, Indianapolis, IN.
- Randolph, B. E. (2014, August). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.
- Randolph, B. E. (2014, July). *Managing the stress of the adoption process and why it is essential to your children*. NACAC annual conference, Kansas City, MS.
- Randolph, B. E. (2014, July). *Nutrition and adoption: Nurture, health, and behavior*. MLJ Adoptions, webinar.
- Randolph, B. E. (2014, April). *Food, Allergies, and Behavior*. JCICS annual child welfare symposium, San Francisco, CA.
- Randolph, B. E. (2013, November). *Nutrition and adoption: Nurture, health, and behavior*. Adoptive Parents Committee conference, New York, NY.
- Randolph, B. E. (2013, June). *Emotional issues inherent to adoption: Childhood through adulthood*. Adoptive Parents Committee conference, New York, NY.
- Randolph, B. E. (2013, November). *Managing the stress of the adoption process and why it is essential to your children*. Adoption Knowledge Affiliates annual conference, Austin, TX.
- Randolph, B. E. (2013, November). *Nutrition and adoption: Nurture, health, and behavior*. Adoption Knowledge Affiliates annual conference, Austin, TX.
- Randolph, B. E. (2013, August). *Nutrition and adoption: Nurture, health, and behavior*. NACAC annual conference, Toronto, Canada.
- Randolph, B. E. (2013, June). *Emotional issues inherent to adoption: Childhood through adulthood*. National Council for Adoption annual conference, Orlando, FL.
- Randolph, B. E. (2013, May). *Recruiting, training, and managing volunteers*. JCICS annual child welfare symposium, New York, NY.
- Randolph, B. E., & Miller, J. M. (2012, July). *Managing the stress of the adoption process and why it is essential to your children*. NACAC annual conference, Crystal City, VA.
- Randolph, B. E. (2011, September). *Working therapeutically with adoptive families*. Crossroads of America Adoption Conference, Indianapolis, IN.

Randolph, B. E. (2011, September). *Techniques to strengthen attachment and adoptive families*. Crossroads of America Adoption Conference, Indianapolis, IN.

Barrows, C. J., & Randolph, B. E. (2011, June). *Therapists in the family law case-How to not screw up therapy or the legal case*. Indianapolis Bar Association, Indianapolis, IN.

Randolph, B. E. (2010, January). Keynote. Indianapolis Happiness Project, Indianapolis, IN.

Randolph, B. E., & Wanner, J. L. (2004, September). *The Myers-Briggs Type Indicator: Personality and prayer life*. G.I.F.T. class at East Side Church of God, Anderson, IN.

Randolph, B.E. (2003, April). *The relationship of television viewership and internet communication on social satisfaction*. Paper presented at annual Butler Undergraduate Research Conference, Indianapolis, IN.

Randolph, B.E., et al, (2002, April). *The influence of gender on minority opinion*. Paper presented at annual Butler Undergraduate Research Conference, Indianapolis, IN.

Interviews, Content, and Quotes

WTHR (2016, January). Rich Van Wyk. *With Pagano and Grigson staying with the Colts, what must change?*

Enell (2015, August). *How to take 10 minutes for yourself*.

Dear Lavvie on LavendarLuz.com (2015, June). *I tried to communicate. She got hurt. Things closed down*.

Mom for Less (2015, May). Randolph, Brooke. *Moms and Depression: When to Get Help*.

TapGenes (2015, February). Brandi Koskie. *The most common arguments between couples and how to resolve them*.

TapGenes (2015, February). Brandi Koskie. *Is it time for a digital detox?*

TapGenes (2015, January). Brandi Koskie. *What is the no-poo movement? A guide to the end of shampooing*.

Adoption Today (2015, January). Randolph, Brooke. *The Danger of Orphanage Voluntourism*.

Shape (2014, November). Randolph, Brooke for DietsInReview.com. *Weight-Loss Motivation Beyond Fitting into Skinny Jeans*.

TapGenes (2014, October). Erica Voll. *Shopping for a therapist*.

credit.com (2014, August). Gerri Detweiler. *Can You Get a Loan to Adopt a Child?*

Shape (2014, August). DietsInReview.com. *Why You Should Make New Years Resolutions in the Fall*.

SheKnows (2014, July). Grundy, Kim. *How to handle food allergies at school*.

ExpertBeacon (2014, June). Randolph, Brooke. *Strengthen the health and behavior of adopted children via feeding.*

Wall Street Journal (2014, May). Chaker, Anne Marie. *More Teenage Boys Get Jobs as Baby Sitters, Find Parents Are Fans.*

Psychology Today (2014, May). Webber, Rebecca. *Reinvent Yourself.*

Shape (2014, April). Randolph, Brooke. *3 Ways to Make Diet-Friendly Dishes Everyone Will Love.*

Adoptive Families (2014, April). Adoptive Families Experts.

LearnVe\$t (2014, March). Williams, Anna. *Paycheck to Paycheck: How 4 real single moms make it work.*

Pete the Planner on WIBC (2014, February). *What to do when your dream requires a lot of money: affording international adoption as a single woman.*

Adoption Today (2014, February). Randolph, Brooke. *Dietary Interventions: Making behavior adjustments with dietary change.*

Adoptive Families (2014, January). Adoptive Families Experts.

iVillage (2013, December). Randolph, Brooke. *How to make a new year's resolution you will actually keep.*

Adoption Perspectives (2013, December). *Nutrition and our adopted kiddos.*

Creating a Family: Talk about infertility and adoption (2013, August). *Traveling with newly adopted children.*

SheKnows (2013, July). McGolerick, E. W. *Adoptive moms get the baby blues too.*

Health Bubble (2013, January). Randolph, Brooke. *Snoring is wrecking your sleep, relationships, and overall wellness.*

Today (2012, August). Mapes, Diane: *It takes more than love: What happens when adoption fails.*

Pete the Planner on WIBC (2012, July). *The cost of adoption.*

Indianapolis Star (2011, June). *Conversation: Brooke Randolph goes where life calls her.*

Indianapolis Metromix (2011). *Local Celebrity: Brooke Randolph*

Yahoo Shine (2010, October). *Weight loss surgery for teens on the rise.*

Co-Parenting Matters (2010, August). *Back to school co-parenting tips.*

Co-Parenting Matters (2009, November). *Helping kids cope.*

Co-Parenting Matters (2009, November). *Holiday survival guide.*

Volunteer Positions

The Villages CHAIRish the Children Co-chair 2015

St. Richard's Episcopal School, Regalia Co-chair 2014 and 2015

Educational Background

2005 MA - Department of Counseling Psychology and Guidance Services, Ball State University: Community Counseling

2003 BA - Anderson University: psychology major, Christian ministries and theater studies minors

Salient Classes

Program Development and Assessment, Ball State University, Stefania Ægisdottir, Ph.D.

Disaster Counseling, Ball State University, Robert Hayes, Ph.D.

Objective Appraisal Methods (MMPI), Ball State University, Stefania Ægisdottir, Ph.D.

Psychological Testing, Anderson University, Linda Swindell, Ph.D.

CADET teaching program, Alexandria-Monroe High School

Training and Workshops

January 2016: The Anatomy of Trust, Brene Brown.

September 2015: Insight and Transformation in Parenting and Therapy, Deborah Gray.

September 2015: The Sensory, Attachment & Trauma Tangle: Making Sense of the Interplay, Stephanie Zimmerman.

September 2015: Rhythm and Relationships: Keys to a Better Future for Kids, Steve Graner.

September 2015: Using Internal Family Systems Psychotherapy with Traumatized Adopted Children and their Families, Lois Ehrmann.

July 2014: Heartstrings and Pursestrings: Attracting and Keeping Private Finding for Adoption Programs, Kansas City, Wendy Spoerl and Bill McGinnis.

July 2014: Helping Children Eat Well, Grow Well, and Be Happy, Kansas City, Katja Rowell.

November 2013: Using DNA Testing to Discover the Genealogical Roots of Adoptees, Austin, CeCe Moore.

September 2013: Trust-Based Relational Interventions training, Forth Worth, Dr. Karyn Purvis.

August 2013: North American Council on Adoptable Children, Toronto.

June 2013 National Council for Adoption conference, Orlando.

May 2013: Joint Council on International Children's Services child welfare symposium, New York City.

July 2012: Multisystem, Multilevel Assessments in the Home Study and Post-Adoptive Services, Crystal City, Wayne Duehn

July 2012: Creating Sexual Safety and Promoting Recovery in Adoption & Foster Care, Crystal City, Wayne Duehn

July 2012: Attachment, Trauma, & Executive Function, Crystal City, John Sobraske

July 2012: Living with Fetal Alcohol Spectrum Disorder, Crystal City, Dianne O'Connor

July 2012: Indiana Association on Adoption and Child Care Services conference, Indianapolis

August 2011: The Impact of Trauma on the Developing Child, Denver, Dr. Bruce Perry

August 2011: Bonding and Attachment in Maltreated Children, Denver, Dr. Bruce Perry

August 2011: Attachment and Emotional Regulation: Brain-based interventions across the lifespan, Indianapolis

September 2010: Empowered to Connect, Nashville, Dr. Karyn Purvis

June 2009: Indiana Mental Health and the Law 2009, Indianapolis, Health Ed.

March 2009: SAFE: A Uniform Home Study Methodology, Indianapolis, Joint Council on International Children's Services

March 2009: Improving Practice, Improving Lives: What the research is teaching us, Adam Pertman, Indianapolis, Joint Council on International Children's Services

March 2009: Adoption Disruption: A look at domestic and international case studies, Indianapolis, Joint Council on International Children's Services

November 2008: Special Needs Adoption Conference: Getting the big picture, Indianapolis, Methodist Hospital

July 2008: Infant Adoption Specialist Training, Washington DC, National Council for Adoption

March 2008: Motivational Interviewing, Christa Detzel, LCSW

November 2006: Intensive Basic Training in Parenting Coordination, Seminars for Advanced Interdisciplinary Family Professionals.

April 2006: Working Effectively with Resistant and Burned-Out Parents, Cross Country Education, Rhonda Ann Lettington, MS, LBSW, NCC, ACADC

October 2005: Indiana Family Mediation, Indiana Continuing Legal Education Forum

February 2005: Hoosier Assurance Plan (child), Barbara Sells, LCSW

November 2004: Management of Aggressive Behavior I, Eileen Moore, ACSW, LCSW

October 2004: Overview of Legal Issues Facing Kinship Parenting, Janet Stafford, MS

October 2004: Bullying: Helping kids on both sides, Robert Hack, LCSW

October 2004: Recognizing Eating Disorders, Behaviors in Preteens/Teens, Joni Bertsch, RN

September 2004: Hoosier Assurance Plan (adult), Amy Fowler-Murray, LCSW

September 2004: Bipolar Disorder in Children, Julie Steck, Ph.D.

September 2004: eCET training, Barbara Sells, LCSW

August 2004: Solution Focused Therapy, Bill Frederick, LCSW

July 2004: Infant Adoption Specialist Training, Indianapolis, IN, National Council for Adoption

July 2003: Critical Incident Stress Management (CISM): Basic Group Crisis Intervention

July 2001: Leadership Summit: racial reconciliation Church of God Ministries, Washington, D.C.

CLUE: Christian Leadership Understanding and Exploration, Anderson University

Therapeutic Experience

July 2007-current: private practice, Brooke-Randolph, LLC, Indianapolis, IN.

September 2005-July 2008: adult and child therapist/intake specialist, Cummins Behavioral Health Systems, Inc., Indianapolis, IN: Supervisor Jan Reinhart, LMHC

Fall 2004-Spring 2005: Internship, Comprehensive Mental Health Services, Muncie, IN: Supervisor Bill Frederick, LCSW

Spring 2004: Clinical Internship, Practicum Clinic, Ball State University: Supervisors Kristen Perrone, Ph.D., Sharon Bowman, Ph.D., & Khushnud Dhanbhoora, MA

Fall 2003: Practicum, Wilson Middle School, Muncie, IN: Supervisors Charlene Alexander, Ph.D. & Shonali Raney, MA

Employment History

June 2014-October 2014: KidsFirst Adoption Services, Indianapolis, IN: Interim Vice President of PR, Outreach, and Communication

July 2007-May 2014: MLJ Adoptions, Inc., Indianapolis, IN: co-founder and Vice President of Social Services

September 2008-current: Mental Health Expert Contributor, DietsInReview.com

July 2006-September 2009: Company Member, IntoSalsa Latin Dance Studio, Indianapolis, IN: performer, instructor, choreographer, marketing, public interaction

September 2002-October 2005: Nursery Coordinator, East Side Church of God, Anderson, IN: child care, supervise volunteers, oversee four nurseries, housekeeping, safety control

August 2003-May 2005: Graduate Assistant, Department of Counseling Psychology and Guidance Services, Ball State University: masters program assistant/advisor, administrative assistance, department newsletter editor, clinic staff, phone screenings, intake interviews, process files and paperwork, client interaction

September 2002-May 2003: Psychology department assistant, Anderson University: teacher assistant for Interpersonal Relationships class, grade papers and assignments, administrative assistance

September 2001-May 2003: Search Group Coordinator, Campus Ministries Team, Anderson University: supervise volunteer group leaders; coordinate leaders, groups and times; team planning; public relations

January 2001-May 2003: Study Group Leader, Kissinger Learning Center, Anderson University: prepare and lead weekly study groups for General Psychology and Abnormal Psychology, communicate with professors

May 2002-August 2002: Student Secretary, Human Resources, Anderson University: public interaction, administrative assistance, data entry, mass mailing, filing

May 2001-October 2001: Sceneographer, Byrum Performance Center, Anderson University: set design for The Complete Works of William Shakespeare Reduced, sketch plans, oversee set construction and preparation

May 2000-December 2000: International Youth Convention registrar's assistant and data entry personnel, Church of God Ministries, Anderson, IN: administrative assistance, conference staff, workshop coordinator, data entry

March 1999-May 1999: temporary staff, Alexandria Mailing Services: stuff envelopes, cut and bundle ropes for shipments

August 1997-March 1999: Clerk III, Alexandria-Monroe Public Library: Children's Librarian's assistant, shelve books, customer service, decorate, program preparation

* all interims spent providing childcare for individual families and East Side Church of God

Group Leadership

September 2007-April 2008: Kids Don't Come With Instructions: Learning more about your child's diagnosis and development. Cummins Behavioral Health Systems, Inc.

March 2007-March 2008: Why Zebras Don't Get Ulcers: Stress management for healthier living. Cummins Behavioral Health Systems, Inc.

March 2007-July 2007: Building Success: Reaching new heights with ADHD. Cummins Behavioral Health Systems, Inc.

March 2007-June 2007: People Savvy, communication and boundaries group. Cummins Behavioral Health Systems, Inc.

Summer 2006: Kaizen for adolescent girls. Cummins Behavioral Health Systems, Inc.

November 2005-April 2007: Parenting group. Cummins Behavioral Health Systems, Inc.

Spring 2005: Parenting group. Comprehensive Mental Health Services, DCS

Spring 2005: Women's group. Comprehensive Mental Health Services, Family Centered Services

Fall 2004-Spring 2005: Why Zebras Don't Get Ulcers: Stress management group. Comprehensive Mental Health Services, DCS

Fall 2004-Spring 2005: Parents group. Comprehensive Mental Health Services, Family Centered Services

Summer 2004: Camp Hope group leader: children's grief camp. St. John's Hospice, Anderson, IN

Spring 2004: Relationships. Henry County Youth Facility, New Castle, IN

World Travel

April 2013: New Zealand - meetings with U.S. Consulate and adoption medical clinic; cultural exploration

March 2013: Samoa - meetings with local adoption attorney, SVSG staff; cultural exploration

November 2012: Honduras - meetings with local adoption attorney, IHNFA director and secretary general, and U.S embassy staff

May 2012: Guatemala - home study for Americans living abroad; cultural exploration

December 2011: Democratic Republic of Congo - meetings with local adoption attorneys and interim care providers; home study for American living abroad; travel escort for adopted child

September 2011: Honduras - meetings with IHNFA, local adoption attorneys, orphanages, and non-profit organizations; cultural exploration

March 2011: Nicaragua - meetings with local adoption attorneys, orphanages, and non-profit organizations; cultural exploration

July 2010: Mexico - cultural exploration

October 2009: Democratic Republic of Congo - meetings with US Embassy, local adoption attorneys, national social services department, and other governmental offices; visited local orphanages and children's hospitals; cultural exploration

May 2008: Guatemala - meetings with new Central Authority on Adoption, US Embassy, local adoption attorney's, and orphanage directors; orphan care

March 2008: Bahamas - cultural exploration

March 2007: Bermuda - cultural exploration

May 2001: France - cultural exploration

May 2001: England - cultural exploration

May 2000: Jamaica - church building and cultural exploration

Red Cross Trainings

August 2004: Adult, Child, and Infant CPR, American Red Cross, Hoosier Heartland Chapter

August 2004: Community First Aid and Safety, American Red Cross, Hoosier Heartland Chapter

July 2004: Weapons of Mass Destruction, American Red Cross, Robert Hayes, Ph.D.

July 2004: Disaster Mental Health Services I, American Red Cross, Robert Hayes, Ph.D.

July 2004: Disaster Mental Health Services: An Overview, American Red Cross, Robert Hayes, Ph.D.

June 2003: Introduction to Disaster: American Red Cross, Hoosier Heartland Chapter

Other Research

Harris, K. A., Randolph, B. E., & Gordon, T. D. (2004, March). *What do clients want?: Assessing client spiritual needs in counseling – A literature review*. Poster presented at the 2004 Mid-Winter Research Conference on Religion and Spirituality, Columbia, MD.

Spring 2004: data collection with Michiko Iwasaki, M.A. concerning various terminology used to describe a social group – survey administration twice a week

Memberships and Involvement

BNI: Visitor host (2015), Vice President (2016)

Joint Council on International Children's Services

Attachment and Trauma Network

2014 World Adoption Day Ambassador

Young Professionals Advisory Board for The Villages, Indianapolis, Indiana

CHAIRish Committee: 2014-2016

The Global Orphan Foundation, formally The Fatherless Foundation, Indianapolis, Indiana.

Families Moving Forward, Indianapolis, Indiana.

Compassion International

American Psychological Association

Volunteer, American Red Cross, Hoosier Heartland and Greater Indianapolis Chapter – Disaster Mental Health

Scholarship Interview Panel, Little Italy Festival 2005

Volunteer, Camp Hope: Children's Grief Camp 2004

Hospitality Committee, Great Lakes Regional Conference 2004

Volunteer, Church on the Street, Atlanta, GA

Honors and Awards

St. Richard's Episcopal School Development Award: For outstanding service and fund raising efforts 2014-2015

Psi Chi, psychology national honor society, historian/public relations officer two years

the National Dean's List

Who's Who in American Students

Alpha Lambda Delta

Phi Eta Sigma

Anderson University Dean's List 7 semesters

National Merit Scholarship Commendation

Anderson University Psychology Department Scholarship